

## Sail Manitoba Infractions and Consequences

Rule #4 of the Team Code of Conduct Policy states: I will not partake in unacceptable behaviors listed in the Manitoba Sailing Team Infractions and Consequences document.

Infraction	Example	Disciplinarian	Consequences
<b>MINOR</b>	<ul style="list-style-type: none"> <li>• Late for team meetings, training, or regattas</li> <li>• Inappropriate dress</li> <li>• Abusive, racist or sexist comments or behavior</li> <li>• Deliberate damage or misuse of any Sail Manitoba equipment (van, coach boat, gear). Examples include but are not limited to:               <ul style="list-style-type: none"> <li>○ Stickers on van</li> <li>○ Coins in the seat belt slots</li> <li>○ Food and garbage in the van</li> </ul> </li> <li>• Failure to use your seatbelt in the team van</li> <li>• Violation of travel rules/violation of host club rules</li> <li>• Inappropriate behavior and/or cleanliness in hotel rooms or at sites, includes littering and failure to clean up</li> <li>• Breaking curfew</li> <li>• Unsportsmanlike conduct including rude and/or foul language</li> <li>• Lack of courtesy or respect for fellow team mates, competitors, coaches, managers, volunteers, media</li> <li>• Lying or cheating</li> <li>• Jeopardizing the safety of yourself or others</li> </ul>	Head Coach or Designate	<p>The Head Coach or his/her designate will work with you to try to create a positive change in your behavior. She/he will discuss the problem with you so that you know you have done something which is unacceptable; this may be all that is necessary for a positive change in your behavior.</p> <p>The Head Coach or his/her designate will deal with you on an individual basis, and may use an appropriate consequence, listed below, as a deterrent.</p> <p>Verbal and/or written apology</p> <p>Other potential consequences:            Physical Activity            Early curfew            Grounding            Confinement            Suspension from team activities            Volunteer work for Sail Manitoba</p>
<b>MAJOR</b>	<ul style="list-style-type: none"> <li>• Complete disregard of any of the minor infractions listed above</li> <li>• Failure to perform consequences for minor infractions, thereby showing total disregard of the coach's authority</li> <li>• Damage of a more serious nature of any property, while participating at a team event.</li> </ul>	Head Coach or Designate, and Team Committee	<ul style="list-style-type: none"> <li>• Verbal and written apology for behavior</li> <li>• Reparation for any damage done.</li> <li>• Volunteer work for Sail Manitoba</li> <li>• Possible loss of funding</li> <li>• In extreme cases, disciplinary action(s) described in the Manitoba Sailing Team Code of Conduct Policy</li> </ul>

Athlete's Name: \_\_\_\_\_ Athlete's signature: \_\_\_\_\_

Parent's signature (if athlete is a minor): \_\_\_\_\_ Date: \_\_\_\_\_

First approved by the Board of Directors of Sail Manitoba on April 10, 2006. It was reviewed, amended and re-approved by the Board of Directors on May 2018. The next re-approval date is May 2021.