

# INFRACCTIONS AND CONSEQUENCES

Rule #4 of the Team Code of Conduct Policy states: I will not partake in unacceptable behaviours listed in the Manitoba Sailing Team Infractions and Consequences document

Infraction	Example	Disciplinarian	Consequences
<b>MINOR</b>	<ul style="list-style-type: none"> <li>● Late for team meetings, training, or regattas</li> <li>● Inappropriate dress</li> <li>● Abusive, racist or sexist comments or behaviours</li> <li>● Deliberate damage or misuse of any Sail Manitoba equipment (truck, coach boat, gear). Examples include but are not limited to:               <ul style="list-style-type: none"> <li>○ Stickers on truck</li> <li>○ Coins in the seat belt slots</li> <li>○ Food and garbage in the truck</li> </ul> </li> <li>● Failure to use your seatbelt in the team truck</li> <li>● Violation of travel rules/violation of host club rules</li> <li>● Inappropriate behaviour and/or cleanliness in hotel rooms or at sites - includes littering and failure to clean up</li> <li>● Breaking curfew</li> <li>● Unsportsmanlike conduct including rude and/or foul language</li> <li>● Lack of courtesy or respect for fellow teammates , competitors, coaches, managers, volunteers, media</li> <li>● Lying or cheating</li> <li>● Jeopardizing the safety of yourself or others</li> </ul>	Head Coach or Designate	<p>The Head Coach or his/her designate will work with you to try to create a positive change in your behaviour. She/he will discuss the problem with you so you know you have done something which is unacceptable; this may be all that is necessary for a positive change in your behaviour.</p> <p>The Head Coach or his/her designate will deal with you on an individual basis and may use an appropriate consequence, listed below, as a deterrent.</p> <p>Verbal and/or written apology</p> <p>Other potential consequences:</p> <ul style="list-style-type: none"> <li>Physical Activity</li> <li>Early curfew</li> <li>Grounding</li> <li>Confinement</li> <li>Suspension from team activities</li> <li>Volunteer work for Sail Manitoba</li> </ul>
<b>MAJOR</b>	<ul style="list-style-type: none"> <li>● Complete disregard of any of the minor infractions listed above</li> <li>● Failure to perform consequences for minor infractions, thereby showing total disregard of the coach's authority</li> <li>● Damage of a more serious nature of any property, while participating at a team event.</li> </ul>	Head Coach or Designate, and Team Committee	<ul style="list-style-type: none"> <li>● Verbal and written apology for behaviour</li> <li>● Reparation for any damage done.</li> <li>● Volunteer work for Sail Manitoba</li> <li>● Possible loss of funding</li> <li>● In extreme cases, disciplinary action(s) described in the Manitoba Sailing Team Code of Conduct Policy</li> </ul>

Athlete's Name: \_\_\_\_\_ Athlete's signature: \_\_\_\_\_  
 Parent's signature (if athlete is a minor): \_\_\_\_\_ Date: \_\_\_\_\_

The administration and review of this policy is the responsibility of the Executive Director. This policy was first approved by the Board of Directors of Sail Manitoba on April 10, 2006. It was reviewed, amended and re-approved by the Board of Directors in May 2021. The next re-approval date is May 2024.